NAVIGATING STUDY ABROAD: A STUDENT EXCHANGE INFORMATION SESSION

Fall 2024

Sinthu Vimaladasan, Student Abroad Advisor Rachana Bharwani, Fall 2024 Exchange Student





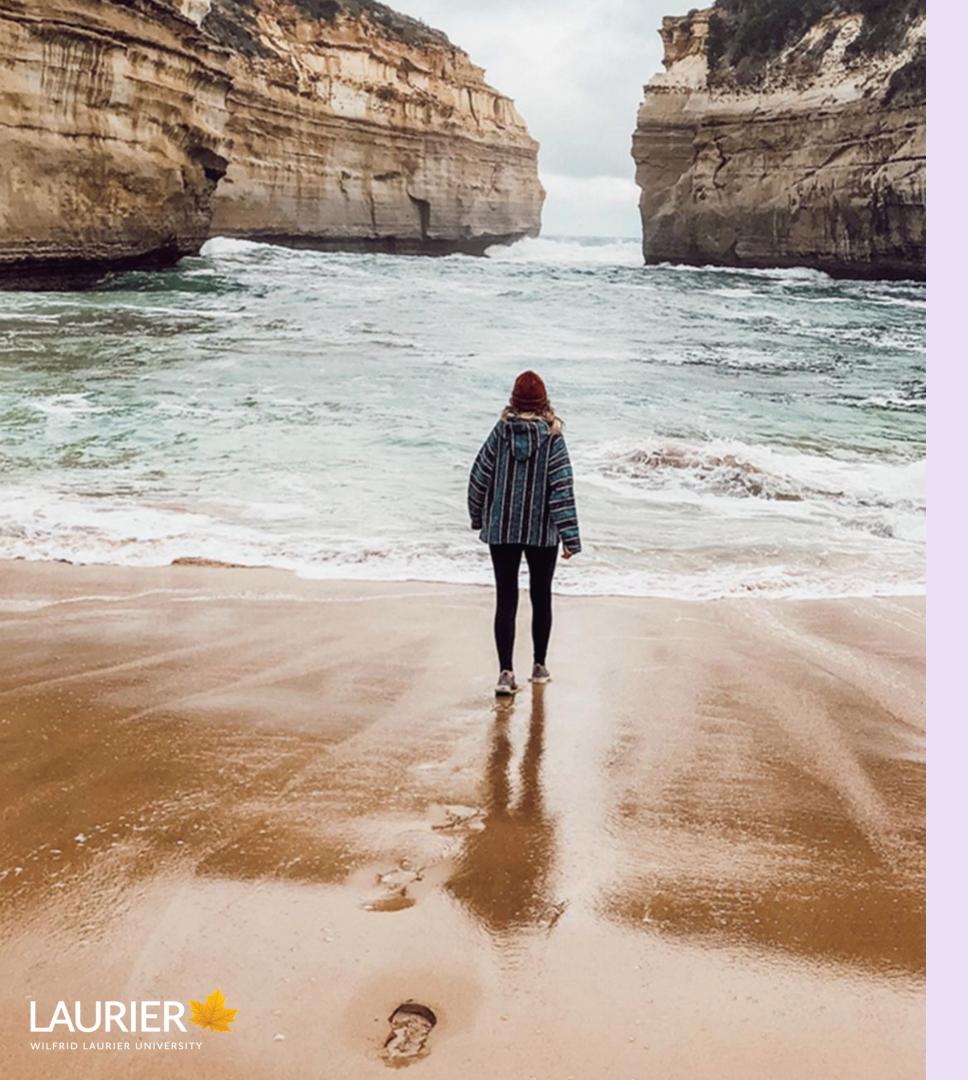
- Choose to do something that brings indigenous and non-indigenous people. together. Create awareness, learn and share in the spirit of reconciliation.
- Change begins with each of us, and we can individually and collectively make a positive impact.

Adapted from: <u>http://www.lspirg.org/knowtheland/</u>









LET'S EXPLORE

- How does exchange work?
- Who is eligible?
- Where can you go?
- Is it safe?
- What courses can you take?
- What does it cost?
- How do you apply?



• Why study abroad?



WHY STUDENTS CHOOSE TO STUDY ABROAD?

- Personal development
- Intercultural competency
- Enriched academics
- Language skills
- Career preparation and professional development
- Gain new perspectives and life-long
 connections









HOW DOES EXCHANGE WORK?

- You pay tuition to Laurier
- Student in host country pays tuition to their institution
- "switch places"







HOW DOES EXCHANGE WORK?







- Mandatory information session
- Choose top 4 schools

LAURIER'S **EXCHANGE APPLICATION**

- Initial application
- ONE reference
- MyDegree Assessment
- Exchange Course Planning Tool
- Pay \$30 application fee

MATCHED & **NOMINATED**

- Accept placement
- Pay \$110 placement fee
- Nominated by Laurier to partner institution
- SHERM Safety Plan



- letter





PARTNER INSTITUTION **APPLICATION**

 Second application • Receive acceptance

Start visa application

COURSE CREDIT TRANSFER

- Complete course registration at host institution
- Complete Course Credit Transfer Agreement (CCTA) with academic advisor approval

WHO IS ELIGIBLE FOR EXCHANGE?

• Students need:

- To be in 3rd, 4th or 5th year
- 10.0 credits on your Laurier transcript
- GPA 7.0 or higher
 - 6.0 6.9 possible with a GPA Waiver (excluding Kinesiology and LSBE students, exception for Economics students)

Language assessment

- If studying abroad full-time in another language
- Assessed by Languages department





HOW LONG CAN STUDENTS GO?

*Typically one term

Depends on the following:

Your finances



- Your current program
- The number of spaces at exchange partner
- Term dates at host institution

WHEN CAN STUDENTS GO?

- Semester abroad:
 - Apply the year before (8-12 months before)
 - Fall 2025
 - Winter 2026
 - Fall 2025 and Winter 2026 (some locations)

Summer abroad

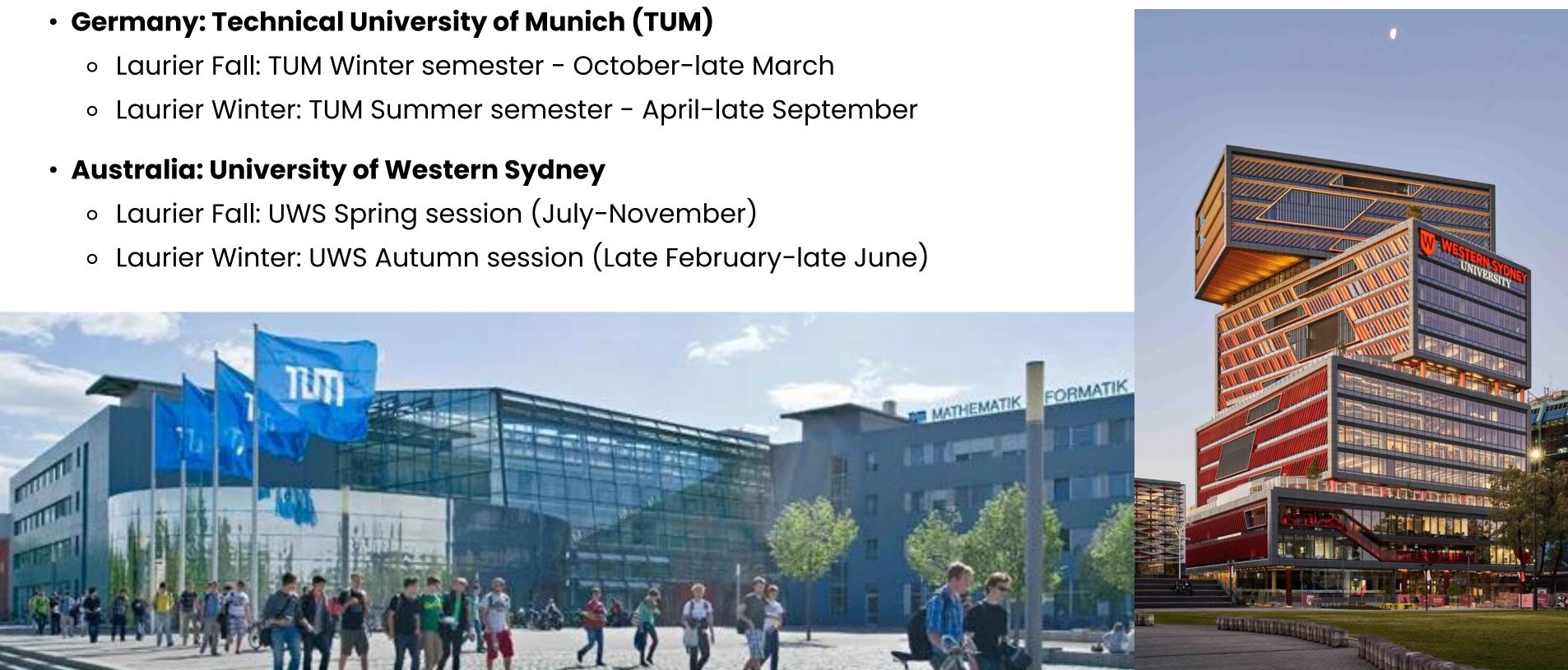
- Spring/Summer terms (condensed 1-8 weeks)
- Apply for one program in Winter 2025 for Spring/Summer 2025





TERM DATES: MANY DIFFERENT FROM LAURIER'S

- - Laurier Winter: TUM Summer semester April-late September





WHERE CAN I GO?

- Australia
- Austria
- Belgium
- China
- Denmark
- France
- Germany
- Ghana
- Hong Kong

- Ireland
- Italy
- Japan
- Mexico
- Norway
- Portugal
- Slovenia
- South Korea
- Spain

• Sweden Switzerland United Kingdom





WHERE CAN I GO?



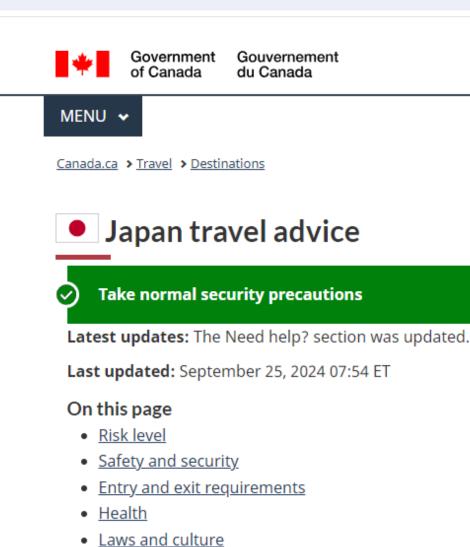
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- Laurier monitors safety situations at host institutions – so should you! travel.gc.ca
- Can likely travel:
 - **Exercise normal security** 0 precautions
 - Exercise a high degree of caution 0
- Cannot travel:
 - Avoid non-essential travel
 - Avoid all travel





• Natural disasters and climate

Risk level



Japan - Take normal security precautions Take normal security precautions in Japan.



Fukushima nuclear power plant and surrounding area

Following the 2011 incident at the Eukushima Daiichi nuclear power plant

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Local services

Emergency services

Consular assistance

- Tokyo Embassy of Canada
- Fukuoka Honorary consul of Canada
- ► Hiroshima Honorary consul of Canada
- Nagoya Consulate of Canada
- ► Osaka Honorary consul of Canada
- ► Sapporo Honorary consul of

↑ Back to top



- After Laurier determines if it is safe to travel:
 - You decide what is comfortable based on your personal risk level
- Once in-country, Laurier monitors travel advisories and local situation
- You may be asked to return home, even if the travel advisory has not escalated to "Avoid Non-essential travel"



On this page

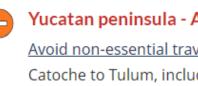
- Risk levels
- <u>Safety and security</u>
- Entry and exit requirements
- Health
- Laws and culture
- Natural disasters and climate





Mexico - Exercise a high degree of caution Exercise a high degree of caution in Mexico due to high levels of criminal activity and kidnapping.

Regional risks





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Exercise a high degree of caution (with regional advisories)

Latest updates: Risk levels; Natural disasters and climate - updated

Yucatan peninsula - Avoid non-essential travel

Avoid non-essential travel to the Yucatan Peninsula from Cabo Catoche to Tulum, including Cozumel, due to Hurricane Helene.



Local services

Emergency services

Consular assistance

- Mexico City Embassy of Canada
- Acapulco Consular Agency of Canada
- Cabo San Lucas Consular Agency of Canada
- ► Cancún Consular Agency of Canada
- **Guadalajara** Consulate of



WHAT COURSES CAN YOU TAKE?

Course approval has 2 steps:

1. Exchange Course Planning Tool form

- Part of initial application
- "Wish list" or draft of courses
- Does NOT require Academic Advising approval

2. Course Credit Transfer Agreement (CCTA)

- Complete after placement in your host institution
- "Guarantee" of how credits transfer
- Requires Academic Advisor / Program Coordinator approval





WHAT COURSES CAN YOU TAKE?

- Take elective courses that are unique to the institution and location
- If you take a redundant course, it will <u>not be</u> <u>counted</u> towards your degree



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TTTTT STREET



STEP 1: EXCHANGE COURSE PLANNING TOOL (FORM)

- Your "wish list" showing the whole academic year
- Includes terms at both Laurier and host institution
- Submit the form as an attachment to your online application
- DOES NOT REQUIRE ACADEMIC ADVISOR /
 PROGRAM COORDINATOR SIGN OFF





EXCHANGE COURSE PLANNING TOOL (FORM)

Your courses can be:

- Elective
- Major
- Program Requirement
- Minor Concentration
- Option

Part (j)

Name and country of host university:

Faculty/department of study at host univer

Semester dates at host university:

Month/Year to Month/Year (e.g. Aug. 2025 t

Part (ii)

Term	Course Code and Title	Course Type	Course Credit
loim		(Elective, Major, Program Requirement, Minor, Concentration or Option)	(e.g., 0.5 WLU credit, 6 ECTS, etc.) * <u>see</u> last page for correct number of credits to take at host institution
FALL 2025	20900 - International Relations Theory	Major	20 CATS
□ Study at Laurier	27732 - Global Governance	Major/Program Requirement	20 CATS
□ Coop □ Absent <mark>X On Exchange</mark>	30171 - Poverty, class and inequality	Elective	20 CATS
A OII Exchange			
	PO220 - Poverty and Inequality in the Global South	Major/Program Requirement	0.5 Laurier credit
WINTER 2026	PO210 - Introduction to Law	Major/Program Requirement	0.5 Laurier credit
<mark>X Study at Laurier</mark> □ Coop	PO320 - Women, Gender, and Politics	Major/Program Requirement	0.5 Laurier credit
□ On Exchange □ Absent	PO383 - Law, Gender and Sexuality	Major/Program Requirement	0.5 Laurier credit
	PO315 - Politics and Society in Contemporary Quebec	Major/Program Requirement	0.5 Laurier credit
SPRING 2026		-	
 Study at Laurier Coop On Exchange X Absent 	Absent from school (not taking courses; graduation)		



	University of Birmingham, England
ersity:	School of Government
to Jan. 2026)	September 2025 – December 2025



"DOCUMENT LIBRARY" IN JOURNEY

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HOW MANY CREDITS DO YOU TAKE?

- Course transfer is done by credit weight
- Count the number of <u>CREDITS</u> you take abroad, not how many courses
- Credit weighting is different at each host institution



	cuito requireu to cuin 210 E
Country	Credits needed to earn 2.5 Lauri
Australia	University of Canberra: 12 UC cre
	Western Sydney University: 40 U
	Australian Catholic University: 40
Europe	30 (ECTS) European Credit Transf
United Kingdom	60 CATS or 30 ECTS
Ireland	30 ECTS
United States of America	12 credits (typically 4 courses as
Mexico	ITAM: 4 courses
	Tec de Monterrey: 40 credits
Hong Kong	HKUST: 15 credits (typically 4 cou
	HKU: 30 credits
Macau	18 credits (typically 6 courses)
Japan	Akita: 18 credits
	Nagoya: Each course is worth 2 N
	Saga: 15 credits
South Korea	12 credits (typically 4 courses)
China	15 credits (typically 4-5 courses)
	Shanghai: 30 ECTS
	Nanjing: 2.0 = 0.5 Laurier
**When neither the ECTS ne	or UCTS credit systems are available
	se is 36 hours over a period of 12 w
at Laurier is 180 contact/ lee	cture hours per term.



Table 1. Amount of credits required to earn 2.5 Laurier credits while on exchange

ier Credits	
edit points, or 30 UCTS	
JWS credit points, or 30 UCTS	
0 ACU credit points	
sfer System	
each course is worth 3 credits)	
urses)	
each course is worth 3 credits)	

NUCB credits, which equals 3 ECTS (see Europe)

*Please confirm with Student Abroad Advisor

le, credits are awarded on the basis of Laurier course hours. weeks. Multiplied by 5 courses per term, the normal course load



STEP 2: CCTA FORM (ONCE REGISTERED ABROAD)

 Credits transfer back to 	Exchange Institution			Laurier			
your Laurier degree as	Course Code and Title	Course	Pass	Course Code and Title	Laurier	Advisor or	
pass or fail credits (CR)	(Student completes)	Credit	Fail	(specify if a credit is to be used for an	Credit	Coordinator	
		(ECTS,etc.) (Student		Concentration/Option/Minor)	Weight	Initials	
		complete)		(Academic Advisor or Program Coord. completes)	e.g. 0.5		
	Corporate Strategy	5 ECTS	P	Business Policy 1 (BU481)	<mark>0.5</mark>	<mark>AN</mark>	
And your GPA	Cross-Cultural Management	5 ECTS	<mark>P</mark>	UU1XX	<mark>0.5</mark>	<mark>AN</mark>	
stays the same!	French as Foreign Language	<mark>5 ECTS</mark>	P	FR251	<mark>0.5</mark>	<mark>MR</mark>	
	Oumer Culture	5 ECTS	<mark>P</mark>				
	Vine Marketing	5 ECTS	<mark>P</mark>	BU4XX	<mark>1.0</mark>	<mark>AN</mark>	
	Business CSR	5 ECTS	<mark>P</mark>				
	Total Credits Received Abroad:	<u>30 ECTS</u>		Total Laurier Credits Received:	<u>2.5</u>		
	Please note: 30 credits at this Exchange Institution is equal to 2.5 WLU credits						
VILFRID LAURIER UNIVERSITY							



Application fees:

- <u>\$30</u> application fee (part of your initial application)
- **<u>\$110</u>** placement fee (when you are

- 2.5 credits paid to Laurier (full-time studies) • Exception: ALC reduced course load

Incidental fees at host school and cost of travel:

- etc.

accepting/declining your offer)

Tuition costs:

• Airfare, visa • Study permits (\$20-\$500), review embassy/consulate website of host country • Accommodations, activity fees, bus pass or other ground transportation, health insurance,



HOUSING

- at host institution
- On-campus or off-campus







• Housing "leads" provided by international office

• Some universities offer international residences



SAMPLE COSTS FROM EXCHANGE ALUMNI: 1 TERM ABROAD

	France	Neoma Business School, Rouen Campus	\$ 9,208
 Does not include tuition 	France	Neoma Business School, Rouen Campus	\$ 13,620
 Includes: flight, rent, utilities, food, 	France	Kedge Business School, Marseille Campus	\$ 9,093
travelling, visa, health insurance, bus pass, phone, etc	Spain	Universidad de Deusto, Bilbao Campus	\$ 8,279
 Students traveling to same 	Spain	Universidad de Deusto, Bilbao Campus	\$ 13,368
destination can have varied budgets based on how much they travel, cost	Spain	Universidad de Navarra	\$ 9,716
of accommodations, preferences etc.	United Kingdom	Keele University	\$ 6,948
	China	Beijing Jiaotong University	\$ 5,071
	Japan	Akita International University	\$ 5,300
	Australia	University of Canberra	\$ 9,278
	Australia	Western Sydney University	\$ 8,208
ER	Australia	Western Sydney University	\$ 15,547









FINANCIAL ASSISTANCE

- Still eligible for OSAP
- Apply for awards after accepted to program
- Student Awards through LORIS (listed on exchange website)
- Research external sources
 - MyWorldAbroad







NEXT STEPS: TIMELINES & DEADLINES

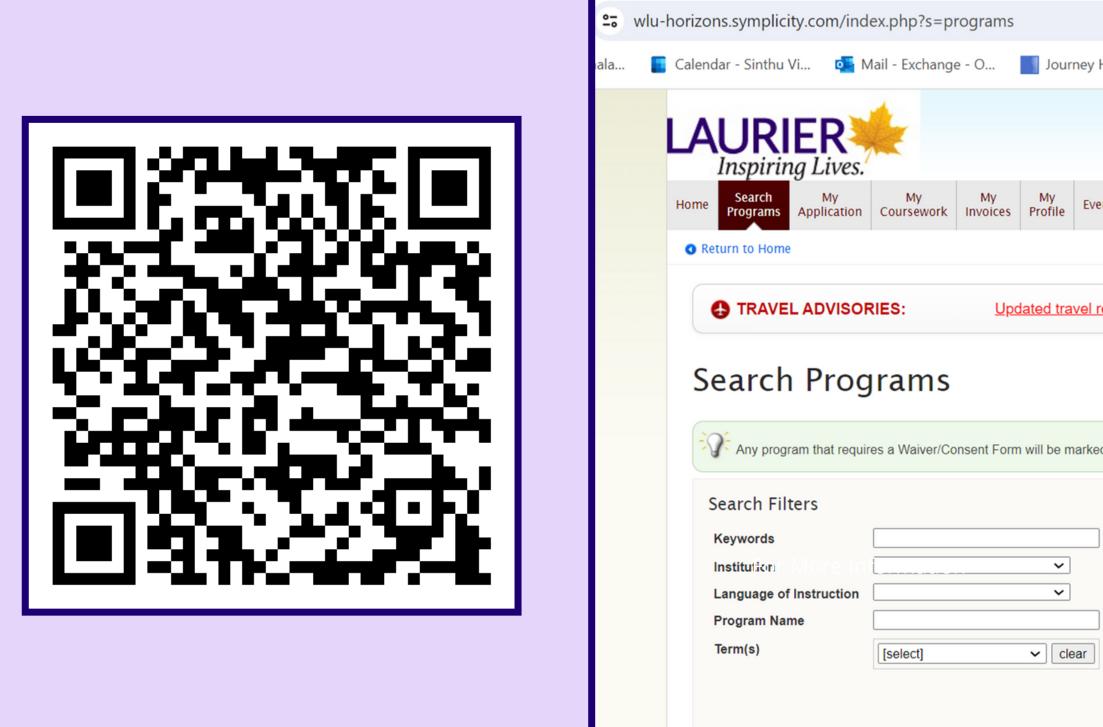
FALL & WINTER EXCHANGES







APPLY USING JOURNEY







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Indigenous Supports	~				
Disability and Accessibility Supports	~				
Equity, Diversity and Inclusion Supports	✓				
Field of Study	~				
Areas of study at partner universities					
are subject to change.					



NEXT STEPS: HOW TO APPLY?





Select "Apply" to your first choice to initiate application

• Can rearrange program selection in Journey application portal



- Motivation letter

Apply to 4 choices

Submit required documents:

- One referee
- Passport
- MyDegree Assessment
- Exchange Course Planning Tool





APPLICATION REQUIREMENTS

- **Reference** (submit early via Journey)
 - Academic or non-academic reference
 - Will be automatically emailed from Journey
- Exchange Course Planning Tool (course "wish list")
- Copy of passport (or approved alternative)







APPLICATION REQUIREMENTS

- Acknowledgement of Risks (allow 60+ minutes to read)
- "Letter of Motivation" questions (500 words max.)
 - Why do you want to study abroad?
 - Why did you choose the destinations you chose?
 - Relate this experience to your academics
- Budget: Estimated cost of 1 host institution (most expensive)







FALL 2025 / WINTER 2026 APPLICATION DEADLINE: JANUARY 30, 2025, 4 P.M.







OTHER GLOBAL ENGAGEMENT OPPORTUNITIES AT LAURIER!







NON-EXCHANGE PROGRAMS

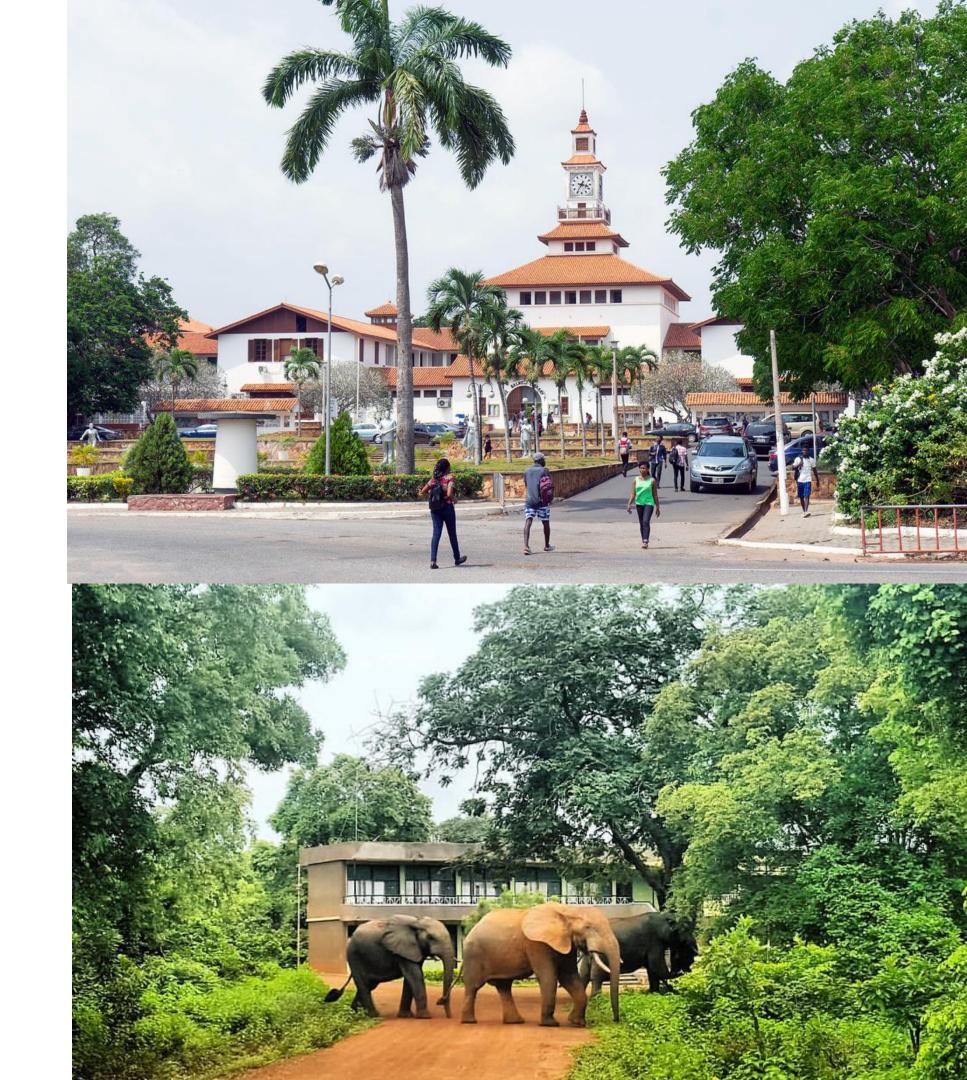
Internship

• Ghana Internship

Faculty-led field courses

- Laurier course with Laurier instructor abroad for 2-4 weeks
- Volunteer opportunities
 - Exchange alumni







INTERNATIONAL @HOME

- Intercultural Certificate
- International Education Week
- Tandem Language Program
- World University Service of Canada (WUSC)
- Volunteer opportunities







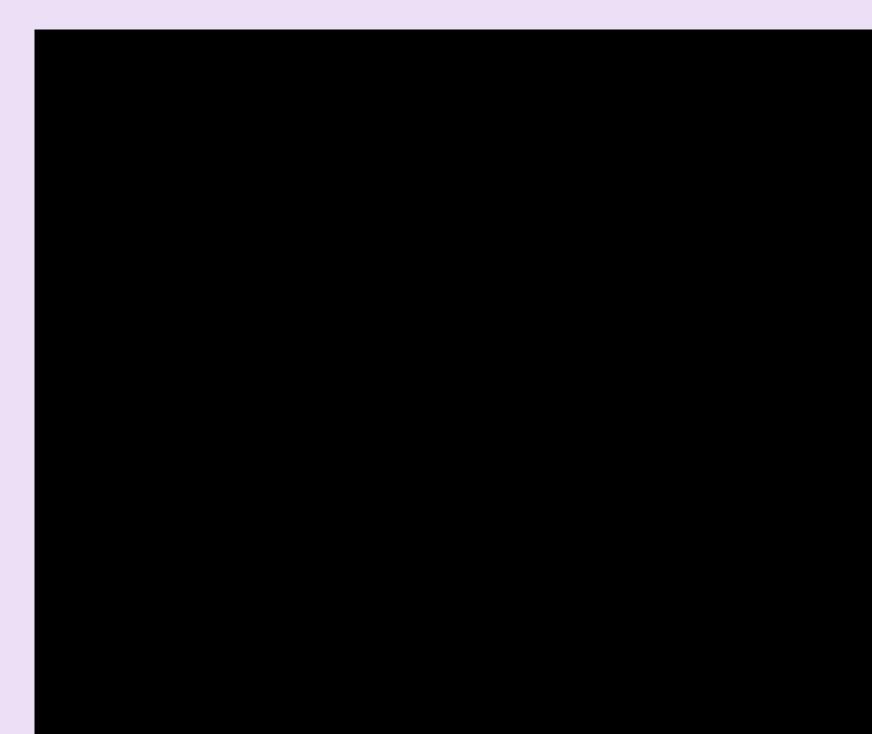
RACHANA BHARWANI'S EXCHANGE

- 4th-year Psychology, Philosophy minor, Leadership option
- Sciences Po Lille, France
- Fall 2024 exchange













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Global Engagement Website





FIND US ONLINE!

Instagram: **@LaurierInternational** Laurier International | Global Engagement Programming

BROADEN YOUR HORIZONS



BUILD intercultural knowledge with the Intercultural Certificate

More questions about Exchange? **BOOK** a follow up appointment with **Anne-marie** Henry (Brantford) or Sinthu Vimaladasan (Waterloo) using the QR code below



LEARN another language with the Tandem Language Program



STUDY ABROAD on exchange or on a faculty led field course



EMAIL & FOLLOW us on Instagram exchange@wlu.ca @LaurierInternational

